

Welcome and Introduction

Wendy Eloyer: Thank you so much. Glad to be here.

Linda Ostovitz: Wendy and I met each other many years ago through the Business Women's Network of Howard County. And as we know, I don't ask people to join us unless I know them well and think they really have something great to add and are good people. 'cause as we know, I choose to only spend time with good people.

And Wendy fits all those categories. She impresses. Even though we haven't seen each other as regularly in recent years, there's some people in this life that you think I know who I can count on. I know who I can reach out to, and Wendy is one of those people. So Wendy, my dear, what is a Joy and Clarity Strategist?

Wendy Elover: All right. Well, gee, after that introduction, I'm just gonna need a minute, you know? That was

Linda Ostoyitz: Take it. You can have a minute.

Wendy Flover: I work with people who are very successful and they have too many tabs open. And I say that it could be in their head, it could be on their computer, it could just be in their life in general.

They're busy business people and they don't look lost. They're very capable people. They're very put together. They're the kind of people that you look at and go wow, they have just really got it going on. But inside they feel foggy. You know? They feel like they're just pulled in too many directions at once.

It's like they have too many decisions. They have too many people counting on them, they just aren't quite sure what is the most important thing that they need to focus on right at this second. So they're not lost, they're not confused. They're just full