

SGSG Episode write-up: Season 3, Episode 16

Mastering Financial Caregiving Techniques with Beth Pinsker

Caring for aging parents often means managing their money, too. On this episode of *The Sandwich Generation Survival Guide*, Candace Dellacona talks with Beth Pinsker—CFP, MarketWatch columnist, and author of 'My Mother's Money'—about the financial realities of caregiving. From red flags to powers of attorney to navigating sibling dynamics, this episode is a must-listen for anyone supporting an aging parent.

00:00 Introduction and Guest Welcome

00:55 Beth Pinsker's Journey to Financial Expertise

03:27 Writing 'My Mother's Money'

07:52 The Importance of Power of Attorney and Healthcare Proxy

15:59 Handling Financial Responsibilities and Scams

26:39 Sibling Collaboration and Financial Realities

33:48 Conclusion and Book Promotion

To learn more about Beth and to purchase her book, visit her website at

<https://bethpinsker.com/>

Follow Beth on Social Media:

LinkedIn: <https://www.linkedin.com/in/bpinsker/>

Instagram: https://www.instagram.com/bethpinsker_ny

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SGSG Episode social media caption: Season 3, Episode 16

Straddling the roles of provider, caregiver, and financial planner? Beth Pinsker joins Candace Dellacona on the latest episode of *The Sandwich Generation Survival Guide* to provide savvy solutions and guidance from her book 'My Mother's Money.' Listen in to gain clarity on handling financial documents, protecting loved ones from scams, and ensuring smooth transitions. Perfect for those in the thick of the Sandwich Generation!

SGSG Episode artwork: Season 3, Episode 16

NOW AVAILABLE

**MASTERING FINANCIAL CAREGIVING
TECHNIQUES** *with Beth Pinsker*

SEASON 3

EPISODE 16

The Sandwich Generation Survival Guide
Hosted by Candace Dellacona, Esq.

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Sandwich Generation, Candace Dellacona, Sandwich Generation Survival Guide, Beth Pinsker, financial planning, caregiving, financial caregiving, elder care finances, power of attorney, healthcare proxy, aging parent finances, financial planning for elderly parents, caregiving costs, My Mother's Money book, elder financial abuse prevention, scam protection for seniors