

Publications & News

In the News

Offit Kurman Principal Candace Dellacona Featured on CBS Mornings to Discuss the Challenges of the Sandwich Generation

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Candace Dellacona, Chair of Offit Kurman's Estates and Trusts practice (North) and host of *The Sandwich Generation Survival Guide*, appeared on *CBS Mornings* on Friday, July 25, for a powerful conversation with Gayle King, Tony Dokoupil, and Nate Burleson. The discussion centered on the emotional toll and daily challenges of being part of the "sandwich generation," those caring for both aging parents and young children.

Candace shared her own experience balancing multigenerational caregiving responsibilities while offering practical, compassionate advice for those facing similar pressures. As an attorney who regularly advises families on estate planning and long-term care strategies, Candace highlighted the importance of preparation, support systems, and open communication.

Watch the full segment here: <https://www.cbsnews.com/video/coping-with-the-stress-of-the-sandwich-generation/>

Listen to *The Sandwich Generation Survival Guide*: <https://www.offitkurman.com/candace-dellacona/the-sandwich-generation-survival-guide-podcast>

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- Candace Dellacona

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