

Gray Monster Takeover: Essential Estate Planning Tips for the Sandwich Generation with Candace Dellacona

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By Candace Dellacona

You asked. We answered.

Gray Monster's Kim Elliott takes over The Sandwich Generation Survival Guide to bring real, unfiltered answers to your most pressing questions. She puts host Candace Dellacona in the hot seat, where Candace draws on her experience in elder law to tackle hundreds of reader-submitted topics—nothing off limits.

From estate planning and elder law basics to caring for aging parents, family conflict, and how to have difficult conversations, this episode delivers practical guidance for adult children navigating the realities of caregiving.

No legal jargon. No sugarcoating. Just clear, actionable advice for the sandwich generation—those balancing their own lives while caring for older loved ones.

If you're searching for help with:

- Aging parent care planning
- Estate planning tips
- Family caregiving challenges
- Managing stress as a caregiver
- Navigating difficult family dynamics

This episode is built for you. Listen now to get the insight and real-world strategies for surviving—and thriving—in the sandwich generation!

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