

Healthcare Equity, Caregiver Burden & the Long-Term Care Crisis with Henry Mason Jr.

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By Candace Dellacona

What happens when healthcare inequity, caregiver burden, and a nationwide shortage of long-term care beds collide? For many families in the sandwich generation, the result is a caregiving crisis that feels impossible to navigate.

In this episode of The Sandwich Generation Survival Guide, host Candace Dellacona (<https://www.offitkurman.com/candace-dellacona>) sits down with Henry Mason Jr., founder and CEO of Precious Hospice, educator, healthcare advocate, and the voice behind "Healthcare Henry." Together, they explore the growing shortage of long-term care beds, the realities of Medicaid and Medicare, healthcare disparities in minority and rural communities, and the financial pressures facing family caregivers across America.

Henry shares powerful insights from the front lines of hospice care, explains why healthcare access remains unequal for many families, and offers practical guidance for becoming a stronger advocate for aging loved ones. Whether you're caring for parents, raising children, navigating hospice decisions, or planning for the future, this conversation will help you better understand the challenges ahead and the resources available to support your family.

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For more information on Precious Hospice, visit <https://precioushospice.com/>