



Heather Sisto Koontz

Principal

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Bethesda, MD – 240.507.1850

Heather Sisto Koontz is a dedicated family attorney based in Offit Kurman's Bethesda, Maryland office. She focuses her practice on a wide range of family law services, including divorce and separation agreements, child custody and support, pre-marital and post-marital agreements, and domestic violence. Heather's approach integrates both an amicable approach with litigation, providing clients with comprehensive legal strategies tailored to their specific needs. Her commitment to providing amicable resolutions allows clients to explore mediation and negotiation, while her litigation skills are reserved for cases that require a more assertive approach. Heather is known for her ability to balance empathy with assertiveness, ensuring that her clients feel supported while their interests are vigorously defended.

Heather's passion for family law is deeply rooted in her personal experiences as the daughter of divorced parents. This background gives her a unique perspective and a profound understanding of the challenges children face during and after divorce proceedings, enabling her to offer empathetic and effective guidance.

Beyond her practice, Heather actively contributes to the legal community. She has presented on emerging issues in the LGBTQ+ community at a D.C. Bar Association event and has hosted the Montgomery County Bar Association's Chambers Chat. Her involvement reflects her dedication to ongoing legal education and her leadership within the profession.

Education

- Penn State Dickinson Law (J.D.)
- Indiana University of Pennsylvania (B.A., *summa cum laude*)
- HarvardX
 - Verified Certificate of Achievement in Child Protection

State Bar Admissions

- Maryland

Services

- Family Law

- District of Columbia

Court Admissions

- United States District Court for the District of Maryland

Professional Affiliations

- Frederick County Bar Association, Member
- Montgomery County Bar Association, Member
- Women's Bar Association, Member
- Maryland State Bar Association, Member

Recognitions

- Named to *Best Lawyers: Ones to Watch® in America* for Family Law (2026)
- Selected to Maryland Rising Stars® for Family Law (2025-2027)
- Provost Scholar Award, Indiana University of Pennsylvania (2016)

Publications & News

July 10, 2026

32 Offit Kurman Attorneys Recognized in 2027 Edition of Maryland Super Lawyers

May 1, 2026

Offit Kurman Announces Promotion of Nine Lawyers

March 12, 2026

Offit Kurman Attorneys Publish Feature Article in Washington Lawyer Magazine

December 19, 2025

24 Offit Kurman Attorneys Recognized in 2026 Edition of Maryland Super Lawyers

August 21, 2025

98 Offit Kurman Attorneys Recognized in Best Lawyers in America and Ones to Watch Lists

January 13, 2025

Offit Kurman Family Law Team Honored on 2025 Maryland Super Lawyers and Rising Stars Lists

January 2, 2025

24 Offit Kurman Attorneys Honored on 2025 Maryland Super Lawyers and Rising Stars Lists

June 7, 2022

Offit Kurman Expands Bethesda Office with Addition of Two Attorneys

Featured Works

Speaking Engagements

- "Emerging Issues in the LGBTQ+ Community," January 14, 2026
- Presenter, DC Bar Association: Emerging Issues in the LGBTQ+ Community, February 2022
- Host, Montgomery County Bar Association's Chambers Chat with the Honorable David W. Lease, Winter 2020 and January 2022