



Jamie Eisner

Attorney

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Jamie Eisner partners with employers of all sizes to navigate workplace challenges, delivering practical solutions that move organizations forward. She provides day-to-day guidance on employment matters and represents clients in arbitration and state and federal court litigation. Jamie also advocates for clients before government agencies, including the National Labor Relations Board (NLRB) and the Equal Employment Opportunity Commission (EEOC).

In addition to counseling employers through workplace investigations, Jamie collaborates closely with HR teams to resolve internal disputes and strengthen workplace culture. Her broad experience representing individual plaintiffs, unions, and employers gives her a unique labor and employment law perspective. With a clear understanding of issues from both sides, Jamie helps clients anticipate risks, build proactive strategies, and confidently achieve their business goals.

Education

- William & Mary School of Law (J.D.)
- Wake Forest University (B.A., *summa cum laude*)

State Bar Admissions

- Maryland
- District of Columbia

Court Admissions

- United States District Court for the District of Columbia
- United States Bankruptcy Court for the District of Columbia

Professional Affiliations

- Volare (formerly Network for Victim Recovery of DC) - Junior Board member
- William & Mary Hillel - Board Member

Services

- Labor and Employment
- Restrictive Covenants and Trade Secret Protection

Offit Kurman Blogs

June 16, 2026

AI in Predictive Analytics for Employee Performance: Risk vs. Reward

Employers are increasingly deploying artificial intelligence (AI) and data-driven tools in performance management in an effort to promote consistency and reduce human bias. Yet these systems inherit the limitations of the data that fuels them, and workplace performance data is...

April 16, 2026

Responsible AI in HR Starts with Transparency and Trust

Artificial intelligence (AI) is increasingly positioned as a tool to help businesses better understand workforce trends, predict retention risk, and improve performance. Yet from the employee perspective, these same tools can feel intrusive. AI systems often pull sensitive data...

February 23, 2026

Employer Use of AI Wage-Setting Tools: Risks, Bias Concerns, and Employer Responsibilities

As employers increasingly adopt artificial intelligence to streamline compensation decisions, the promise of efficiency must be carefully balanced against significant legal and ethical risks. AI-driven wage-setting tools can help analyze market data, standardize pay ranges, and reduce human error,...

January 15, 2026

Cannabis in the Workplace: From Stigma to Acceptance

The recent federal policy shift, marked by Executive Order 14370: Increasing Medical Marijuana and Cannabidiol Research, reflects not only a legal development but also a broader cultural transformation. Cannabis is increasingly viewed less as a dangerous narcotic and more...

December 18, 2025

Union Types Explained: How They Impact Employer Strategy

When employers receive notice that employees have filed a petition with the National Labor Relations Board (NLRB) to unionize, one question becomes immediately important: What type of union are we dealing with? Employees might be joining a well-established, nationally...

October 22, 2025

The Warning Signs Managers Miss: How to Build a More Transparent Workplace

It's not uncommon for employers to be caught off guard by union organizing. Managers frequently describe the experience the same way: "I had no idea." By the time a representation petition is filed with the National Labor Relations Board...

August 22, 2025

Pregnancy and Lactation in the Workplace: Employer Duties Under Federal Law

August is the most popular birth month in the U.S., meaning many employees will return from parental leave this fall and winter with new postpartum needs. Two key federal laws – the PUMP Act and the Pregnant Workers Fairness...

May 27, 2025

Virginia Expands Non-Compete Restrictions for Employers

Virginia Governor Glenn Youngkin has signed Senate Bill 1218 into law, amending the state's non-compete statute . Effective July 1, 2025, the updated law will broaden restrictions on non-compete agreements in Virginia. Previously, the law only protected "low-wage employees,"...

Featured Works

- "HR teams cautiously experiment with using AI to help set workers' pay," HR Drive, Quoted, April 9, 2026