

Meet Krista Darrell

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By Jim Ries and Krista Darrell

Meet Krista Darrell, Founder of Verus Vita Advisory. Verus Vita Advisory offers executive well-being coaching deeply rooted in the belief that true success is achieved when an individual's professional excellence is harmoniously aligned with their holistic well-being.

Krista is proud of blossoming effect the company has had on herself and others.

Krista looks forward launching the beta program three-month coaching engagement.