

OK at Work: Arbitration and Dispute Resolution

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By Russell B. Berger and Sarah M. Sawyer

This week on OK at Work, [Sarah Sawyer](#) and [Russell Berger](#) discuss alternative dispute resolution. In this episode, Sarah and Russell focus on mediation, arbitration, the differences between the two, and the strategies for implementation. Specifically, business owners should be careful not to adopt a one size fits all approach and should customize their strategies around dispute resolution given the relative benefits and costs of the different approaches. Listen to learn more.