

## OK at Work: Benefits of Exit and Stay Interviews

August 29, 2023

By Russell B. Berger and Sarah M. Sawyer

---

On this week's OK at Work, [Sarah Sawyer](#) and [Russell Berger](#) discuss the benefits of effective exit and stay interviews. These interviews can unearth unresolved issues within a company's workforce and help it better understand the needs and effectiveness of employees. The methodology employers use and what they do with the information is just as important as conducting them. Listen to learn more!