

OK at Work: How Recessions Influence the Workplace

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This week on OK at Work, [Sarah Sawyer](#) and [Russell Berger](#) discuss the potential for an increase in legal disputes during a recession. With scarcity often comes conflict related to contract compliance, both regarding payment terms and delivery. Issues that parties would easily resolve without resorting to litigation could be more likely to escalate and end up in court. From the employment side of things, recessions can also mean layoffs and terminations, leading to increased risk for employers. Business owners should start thinking about ways to prepare for these potential issues. Listen to learn more.