

OK at Work: Non-Competes

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By Russell B. Berger and Sarah M. Sawyer

On this week's episode of OK at Work, [Sarah Sawyer](#) and [Russell Berger](#) discuss strategies for using restrictive covenants to protect your business's interests in a shifting legal landscape. In 2019, Maryland enacted a law that prohibits non-competes for lower-earning employees, and Washington, D.C., recently passed a ban on non-competes. In addition to non-compete provisions, employers should also consider other forms of protection, such as confidentiality agreements and non-solicitation provisions. Listen in to hear more from Sarah and Russell.