

OK at Work: Providing Urgent Maternal Protections (PUMP) for Nursing Mothers Act

April 18, 2023

By Russell B. Berger and Sarah M. Sawyer

On this week's OK at Work, [Sarah Sawyer](#) and [Russell Berger](#) discuss federal and local requirements to provide nursing parents lactation breaks. On December 29, 2022, President Joe Biden signed the Providing Urgent Maternal Protections (PUMP) for Nursing Mothers Act into law. The Act, among other things, extends previous protections under the FLSA governing lactation breaks and private spaces to pump. Listen to learn more!