

OK at Work: Supporting Mental Health Challenges in the Workplace

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This week on OK at Work, [Sarah Sawyer](#) and [Russell Berger](#) discuss how employers can support employees who may be suffering from mental health challenges and employers' obligations regarding mental health-related disability accommodation requests. One only needs to turn on the tv or scroll their news feeds to see that many external factors may impact employees at work, resulting in decreased absences and productivity. Listen to learn more about what employers should consider when addressing these issues.