

Proactive Planning Strategies with Geriatric Care Managers Featuring Care Collective's Christine Davis (Part 2)

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By Candace Dellacona

In episode 12, "Part 2: Proactive Planning Strategies with Geriatric Care Managers," The Sandwich Generation Survival Guide's Candace Dellacona continues her conversation with Christine Davis Richmond, LMSW, CMC, CDP, the co-founder of Care Collective Nursing Care & Management. The episode delves into the importance of planning ahead for care and discusses how to initiate conversations with loved ones about setting up a care plan before a crisis occurs.

Candace and Christine emphasize the significance of documents like the health care proxy, living will, and medical orders for life-sustaining treatment in outlining one's medical wishes and ensuring they are carried out effectively. They also highlight the role of the power of attorney in managing finances and accessing necessary care resources, underscoring the importance of thorough planning and understanding the available options. Throughout the episode, Candace and Christine provide valuable insights and guidance for listeners navigating the complexities of caring for aging loved ones.

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