



Sarah M. Sawyer

Principal, Department Chair

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Timonium, MD – 410.209.6413

Sarah Sawyer is a trusted legal advisor to businesses of all sizes, offering practical, strategic counsel to help clients navigate complex legal landscapes, mitigate risk, and ensure compliance with federal and state laws. With an entrepreneurial mindset and a deep understanding of business operations, Sarah tailors legal solutions to her clients' goals.

Her practice spans a wide range of employment and business law matters, including:

- General compliance and risk mitigation
- Non-compete and non-solicitation agreements
- Hiring, termination, and employee retention strategies
- Title VII, ADA, and NLRA compliance
- Workplace policies and procedures
- Remote workforce management
- Protection of confidential and proprietary information
- Employment and business litigation

Sarah's clients range from local Main Street businesses to large companies with hundreds of employees. She quickly understands the nuances of each business she serves and offers legally sound and operationally practical advice. Her approach is rooted in clear communication, attention to detail, and a commitment to helping clients achieve long-term success.

Industry-Specific Focus: FedEx Contractors

Sarah is nationally recognized for her work with FedEx independent contractors, advising those who provide last-mile and linehaul services. She supports contractors through every stage of their business lifecycle—from formation and acquisition to compliance and dispute resolution. Her deep knowledge of the FedEx contractor model allows her to offer highly relevant, actionable guidance that helps clients operate efficiently and avoid costly legal pitfalls.

Services

- Business Law and Transactions
- Commercial Litigation
- Labor and Employment
- Restrictive Covenants and Trade Secret Protection
- Business Advisory and Outside General Counsel

Whether clients are buying or selling a FedEx-related business, navigating state and federal regulations, or managing disputes with FedEx or third parties, Sarah provides the clarity and confidence they need to move forward.

Leadership and Perspective

In addition to her client work, Sarah serves in a senior leadership role at Offit Kurman, helping guide the strategic direction of the firm and supporting the success of nearly 100 attorneys across multiple practice areas. Her leadership experience enhances her understanding of the business challenges her clients face, which improves her ability to offer legal solutions that are aligned with their operational and financial goals.

Education

- University of Baltimore School of Law (J.D.)
- Stevenson University (B.S.)

State Bar Admissions

- Maryland

Court Admissions

- United States District Court for the District of Maryland
- United States Court of Appeals for the Fourth Circuit

Not yet admitted in the State of Tennessee; Registered and Permitted to Practice Pending Admission.

Professional Affiliations

- OK Mentorship Committee, Member
- Legal Studies Advisory Board Stevenson University, Member
- Stevenson University President's Advisory Council, Member
- The Lyric-Baltimore, Board Member

Recognitions

- 2023 Leading Women Under 40, *The Daily Record*
- 2023 Employment Law Power List, *The Daily Record*
- 2024 40 Under 40 Honoree, Baltimore Business Journal
- JD Supra Reader's Choice Award, No. 10 in Labor and Employment, 2026