

Understanding Senior Living Options with Beth Weeks

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By Candace Dellacona

In this episode of The Sandwich Generation Survival Guide, host Candace Dellacona interviews Beth Weeks, a registered nurse and co-founder of Senior Living Consultants of New York.

Beth discusses the complexities of senior housing, including options such as aging in place, independent living, and assisted living facilities. She shares her personal journey that led her to specialize in senior care, as well as the mission of her consultancy to bring clarity, transparency, and advocacy to families navigating these decisions. The conversation covers the importance of safety, financial planning, and the evolving landscape of senior housing that is becoming more inclusive of diverse communities and specialized needs.

For more information on Senior Living Consultants of New York, visit:

- <https://www.slcofny.com/>